

Kyma Fulgence, is the Founder and Executive Director of Teach Zen Inc a 501c3 whose mission is to provide the child care community with the self care tools needed to manage BIG emotions. She has been working in the early education field for over 20 years with roles such as Large Family Child Care owner to a Family Child Care Professional Coordinator and Infant Toddler Specialist with the Delaware Institute for Excellence in Early Childhood/University of Delaware. She enjoys teaching others about meditation and caring for their overall emotional wellbeing.